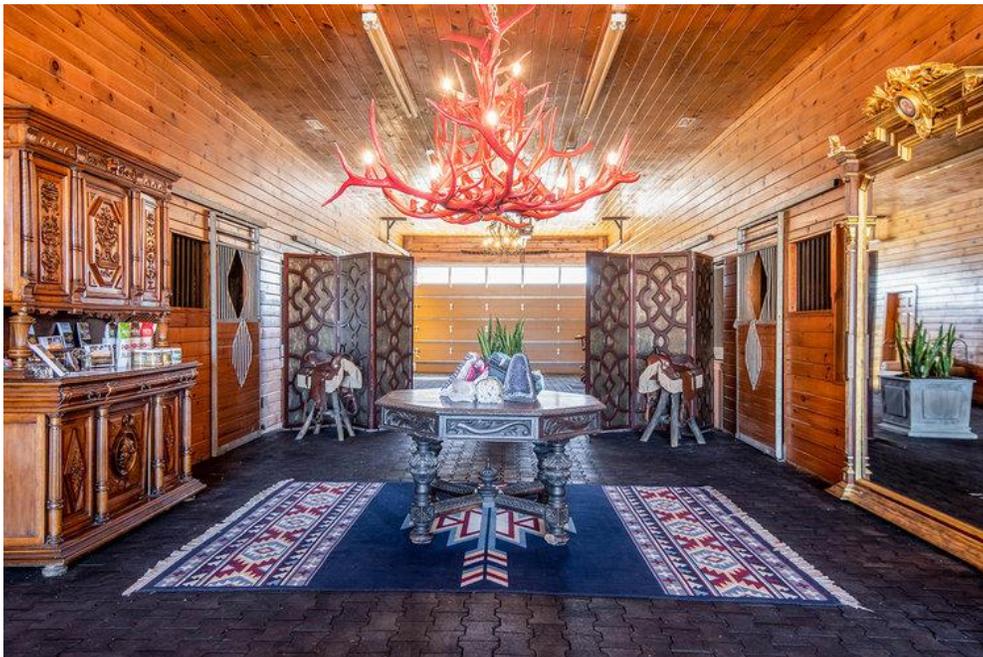




# The Spa Insider

## CELEBRATE A SPECIAL OCCASION, HOST A PRIVATE RETREAT, AND MORE AT THE HORSE SHOE FARM

KAMALA KIRK | APRIL 4, 2019



*The Horse Shoe Farm is an iconic riverfront farm retreat in North Carolina.*

Set on 85 acres in North Carolina's Blue Ridge Mountains, The Horse Shoe Farm is the ultimate getaway—from 5-star amenities and cozy cottages to an updated spa and various wellness and outdoor activities, it has become a popular destination for weddings, private parties, corporate retreats, and so much more.

Located just 10 miles from Asheville Regional Airport, the Farm recently opened its doors in October 2018—transformed from a 1950s working farm into a riverfront farm retreat. With a variety of accommodations, dining options, and gathering spots, the setting is perfect for workshops looking to host a unique experience.

The property offers more than 15,000 square-feet of combined indoor space and limitless outdoor space—making it easy to accommodate events of all sizes. There are horse stables located on the grounds, as well as friendly farm animals, making it the ideal sanctuary for animal lovers.



*Housed in a soulful yet stylish converted barn, The Stable Spa promises to bring an unparalleled wellness experience to match its peaceful, natural setting.*

The Farm is also home to The Stable Spa—a stylish converted barn that offers a selection of healing treatments inspired by the elements of the surrounding mountains. The spa also offers unique immersive experiences, such as vibration healing sessions, sound baths, and more. Other wellness features include the Labyrinth walking path, the Silo for meditation, and complimentary juice served daily, to name a few.

The Horse Shoe Farm offers you a sanctuary away from busy daily life, where your group can gather to foster a sense of connection and exploration. From yoga and silent retreats to cooking and artist workshops, transform the farm into your space and facilitate growth in this serene and safe environment.

**All retreat packages include:**

- Shared, unique luxury accommodations for up to 26 people
- Personalized retreat concierge for pre-trip coordination and on-site requirements
- Three farm-to-table meals each day, vegetarian or vegan options available and encouraged
- Morning juice bar and afternoon fruit tray each day
- Games and outdoor activities at The Farmhouse

- Use of The Horse Shoe Farm grounds and The Labyrinth for walking, meditation, and exploration
- Access to The Stable Spa facilities & treatments for your attendees
- Airport transfers to and from Asheville Regional Airport upon arrival and departure
- Evenings by the fire pit with s'mores and/or a fire ceremony
- Retreat marketing support and promotion
- Complimentary accommodations and meals for retreat instructor(s)
- 1 instructor for the first 10 students; 2 instructors for 20+ students



*There are seven luxury vacation homes and cottages available which can sleep a total of 50 guests.*

Depending on the size and needs of your group, the Farm offers two deluxe retreat packages starting at \$5,000 (requiring a 3-day minimum stay), including a full farm buyout for larger functions. To book your next event or retreat, visit to their website or call 828-393-3034.

The Horse Shoe Farm is located at 155 Horse Shoe Farm Drive, Hendersonville, NC 28791.

[Images courtesy of The Horse Shoe Farm]



*Kamala Kirk is a University of Southern California graduate and has been an editor/writer for more than a decade. She has written for E! Online, Total Beauty, TravelAge West, Malibu Times Magazine, and many more. She resides in Los Angeles and is a proud pug mom. Follow her on Instagram: @kamalakirk*